

Adrienne Ehlert Bashista

198 Sylvester Rd., Florence MA 01062 * (413) 570-5966 * adrienne@fafasd.org

Training parents, caregivers and professionals in a neuro-behavioral approach to fetal alcohol spectrum disorder (FASD)

Experience:

- Graduate, 1st Train-the-Trainer, Into Action! 2013 – 2014 cohort, presented by Diane Malbin, FASCETS, in the neurobehavioral approach to FASD (68 hour training over the course of 2013-2014)
- Founder and Director, Families Affected by Fetal Alcohol Spectrum Disorder (F.A.F.A.S.D.) 2012 – present.
- Moderator, online support groups: Easy to Love but Hard to Raise, A Mom's View of ADHD, Families Affected by Fetal Alcohol Spectrum Disorder (F.A.F.A.S.D.); Shifting the Paradigm. 2011 – present.
- Writer: numerous articles/blogs about FASD, parenting children with special needs, stress and parenting children with invisible special needs (2009 –present); co-editor, *Easy to Love but Hard to Raise: Real Parents, Challenging Kids, True Stories* (DRT Press, 2012)
- Speaker/Trainer: FASD, Parenting children with invisible special needs, stress and parenting children with special needs.
- Member, NC FASD Collaborative: Interventions cohort; FASD Awareness day committee.
- Member, Massachusetts FASD Task Force

Relevant trainings & presentations:

- Keynote speaker: Happy Mama Conference and Retreat, July, 2012, 2013, 2014
- Presentation, "Parent Stress and Invisible Special Needs," Cabarrus Area Health Collaborative Steering Committee, Feb, 2012.
- Parent panel, NC FASD conference, September, 2012
- "Practical Guide to Raising kids with FASD," *Creating a Family*, Blog Talk Radio, April 2012.
- "FASD, Stress, and Special Needs Parenting," special class presentation, Special Education and Early Childhood, UNC-Charlotte, November, 2012, 2013
- FASD/Other NB Conditions and the Brain-Based Approach:
 - 18 hour webinars: Fall, 2013, Winter, 2013, Spring, 2014, Fall 2014, Spring 2015
 - 12 hour webinars: Fall, 2015, Winter 2016
 - 1-day (6 hour trainings): Asheville, NC, October, 2013; Chapel Hill, NC, February, 2014; Charlottesville, NC, March, 2014; Raleigh, NC, May, 2014; Cherokee, NC, June, 2014; Falls Church, VA, June, 2014; Nashua, NH, August, 2014, Philadelphia, PA, March, 2015; Baltimore, MD, March 2015; Auburn, MA, Nov. 2015.
 - 2-day training, Bozeman, MT, Oct. 2014; Atlanta, GA, Feb, 2015; Farmington Hills, MI, Oct. 2015.
 - 3-day (18 hour) training, Nampa, ID, September 2014
 - 3-hour trainings: Wilmington, NC, August 2013; Greensboro, NC, January, 2014; Charlotte, NC, January, 2014
- Keynote speaker; FASD breakout session, *Coming Together Conference*, Wilmington, Jan. 2013.
- Webinar: "Stress, and Special Needs Parenting," *Autism Champs*, March, 2013.
- Radio interview: "Special Needs Parents Need Community." *Good Enough Parenting*: April, 2013
- Radio interview: "They're Easy to Love but Hard to Raise," *Stop Raising Einstein*, April, 2013.
- "FASD 101," special education graduate classes, Westfield State University, October, 2015.
- "What if it's FASD?" Conference Presentation, National Federation of Children's Mental Health Annual Conference, Nov., 2015

Education:

- Bates College, B.A., English Literature: magna cum laude, Phi Beta Kappa, 1990.
- University of North Carolina, Chapel Hill. M.S.L.S. 1996
- FASCETS FASD/Other NB Conditions and the Brain-Based Approach, March, 2014